



# Group B Strep Support

# Marathon in a Month

Record your daily miles to keep track of your progress.

Day 1  Start!	Day 2	Day 3 You can do it!	Day 4	Day 5	Day 6	Day 7 It's Sunday!
Day 8	Day 9 You're a star!	Day 10	Day 11 	Day 12	Day 13	Day 14
Day 15  Halfway!	Day 16	Day 17	Day 18 Keep going!	Day 19	Day 20 Great job!	Day 21
Day 22	Day 23	Day 24 Last 7 days!	Day 25	Day 26 	Day 27	Day 28 Almost there!
Day 29	Day 30 	Total miles completed in April				

Congratulations, you have reached the end of your Marathon in a Month.  
Thank you so much for all your support.

Share your success in the Facebook challenge group.  
Scan here.



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